



Inspired Martial Arts of South Baton Rouge

7353 Highland Road
Baton Rouge, LA 70808
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www.dsatamartialarts.com



MONDAY

4:45 to 5:15	Tiny Tigers	White through Red Belts (3 to 6 years old)
5:15 to 5:55	Intermediate	Camo through Purple Belts
6:00 to 6:40	Beginners	White through Yellow Belts
6:50 to 7:30	Black Belts Only	1 st Degrees and Above
7:30 to 8:10	Advanced	Blue through Red Belts

TUESDAY

5:00 to 5:40	Beginners	White through Yellow Belts
5:40 to 6:10	Tiny Tigers	White through Yellow Belts (3 to 6 years old)
6:10 to 6:40	Tiny Tigers Int/Adv Sparring	Camo through Black Belts (3 to 6 years old)
6:40 to 7:10	Junior Sparring	White through Black Belts
7:10 to 7:40	Adult Sparring	White through Black Belts (13 years and above)
7:45 to 8:45	Krav Maga	Teens and Adults Only (13 years and above)

WEDNESDAY

4:45 to 5:25	Intermediate	Camo through Purple Belts
5:25 to 6:05	Beginners	White through Yellow Belts
6:15 to 6:45	Tiny Tigers	White through Red Belts (3 to 6 years old)
6:50 to 7:30	Advanced	Blue through Red Belts
7:30 to 8:10	Black Belts Only	1 st Degrees and Above

THURSDAY

4:45 to 5:25	Advanced	Blue and Above
5:25 to 5:55	Tiny Tigers	White through Red Belts (3 to 6 years old)
6:00 to 6:40	Beginners	White through Yellow Belts
6:45 to 7:20	Black Belts Only	1 st Degrees and Above
7:20 to 8:00	Intermediate	Camo through Purple Belts
8:00 to 9:00	Krav Maga	Teens and Adults Only (13 years and above)

FRIDAY

No Classes

SATURDAY

9:30 to 10:00	Tiny Tigers	White through Red Belts (3 to 6 years old)
10:00 to 10:30	Beginners and Intermediate	White through Purple Belts
10:30 to 11:00	Sparring	White through Black Belts
11:00 to 11:30	Advanced and Black Belt	Blue through Black Belts

This Schedule is Subject to Change -- Please Check Class Calendar for Changes to Schedule
For the benefit of each student, you will only be allowed to attend YOUR scheduled classes

**** TINY TIGERS CLASSES ARE FOR KIDS 3 TO 6 YEARS OF AGE ****

Schedule to take effect: March 7, 2018