

# DENHAM SPRINGS ATA MARTIAL ARTS



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## MONDAY

5:00 to 5:30	Tiny Tigers Intermediate	Camo through Red Belts
5:30 to 6:10	Intermediate	Camo through Purple Belts
6:10 to 6:50	Black Belt Only	1 <sup>st</sup> Degrees and Above
6:50 to 7:30	Beginners	White through Yellow Belts
7:30 to 8:10	Advanced	Blue through Red Belts
8:10 to 9:00	Krav Maga	Teens and Adults Only (13 years and above)

## TUESDAY

5:10 to 5:50	Beginners	White through Yellow Belts
5:50 to 6:20	Tiny Tigers Beginners	White through Yellow Belts
6:20 to 6:50	Tiny Tigers Int/Adv Sparring	Camo through Black Belts
6:50 to 7:25	Junior Sparring	White through Purple Belts
7:25 to 8:00	Junior Sparring	Blue through Black Belts
8:00 to 8:30	Adult Sparring	All Ranks, Teens and Adults Only (13 years and above)

## WEDNESDAY

5:00 to 5:30	Tiny Tigers Beginners	White through Yellow Belts
5:30 to 6:10	Advanced	Blue through Red Belts
6:10 to 6:50	Beginners	White through Yellow Belts
6:50 to 7:30	Black Belt Only	1 <sup>st</sup> Degrees and Above
7:30 to 8:10	Intermediate	Camo through Purple Belts
8:10 to 9:00	Krav Maga	Teens and Adults Only (13 years and above)

## THURSDAY

5:10 to 5:50	Beginners	White, Orange and Yellow Belts
5:50 to 6:20	Tiny Tigers Beginners	White through Yellow Belts
6:20 to 6:50	Tiny Tigers Intermediate	Camo through Red Belts
6:50 to 7:25	Intermediate	Camo through Purple Belts
7:25 to 8:00	Advanced	Blue through Red Belts
8:00 to 8:45	Black Belt Only	1 <sup>st</sup> Degrees and Above

## FRIDAY

5:45 to 6:10	Tiny Tigers Beginners	White through Yellow Belts
6:10 to 6:35	Tiny Tigers Intermediate	Camo through Red Belts
6:35 to 7:15	Beginners/Intermediate	White through Purple Belts
7:15 to 8:00	Advanced/Black Belt	Blue through Black Belts

## SATURDAY

9:30 to 10:10	Beginners/Intermediate	White through Purple Belts
10:10 to 10:50	XMA/Creative Class	All Ranks—Master Club and Leadership Only
10:50 to 11:30	Advanced/Black Belt	Blue through Black Belts

**This Schedule is Subject to Change -- Please Check Class Calendar for Changes to Schedule**

**For the benefit of each student, you will only be allowed to attend YOUR scheduled classes:**

**\*\* TINY TIGERS CLASSES ARE FOR KIDS 3 TO 6 YEARS OF AGE \*\***

Schedule to take effect: January 29, 2018