



INSPIRED ATA MARTIAL ARTS

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Baton Rouge, LA 70808
225.766.7279
www.dsatamartialarts.com



MONDAY

4:45 to 5:15	Tiny Tigers Beginners	White through Yellow Belts
5:20 to 5:50	Advanced Tiny Tigers	Camo and above
6:00 to 6:40	Junior Beginners	White through Yellow Belts
6:45 to 7:30	Advanced Juniors	Camo and above
7:30 to 8:15	Adults	All Belts
8:15 to 9:15	Krav Maga	Teens and Adults Only

TUESDAY

4:45 to 5:25	Junior Beginners	White through Yellow Belts
5:30 to 6:10	Advanced Juniors	Camo and Above
6:15 to 6:45	Tiny Tiger Beginners	White through Yellow Belts
6:50 to 7:20	Advanced Tiny Tigers	Camo and above
7:20 to 8:05	Adults	All Belts
8:05 to 9:05	Krav Maga	Teens and Adults Only

WEDNESDAY

4:45 to 5:15	Tiny Tigers Beginners	White through Yellow Belts
5:20 to 5:50	Advanced Tiny Tigers	Camo and above
6:00 to 6:40	Junior Beginners	White through Yellow Belts
6:45 to 7:30	Advanced Juniors	Camo and above
7:30 to 8:15	Adults	All Belts

THURSDAY

4:45 to 5:25	Junior Beginners	White through Yellow Belts
5:30 to 6:10	Advanced Juniors	Camo and above
6:15 to 6:45	Tiny Tiger Beginners	White through Yellow Belts
6:50 to 7:20	Advanced Tiny Tigers	Camo and above
7:20 to 8:20	Krav Maga	Teens and Adults

FRIDAY

ACTION WEAR NITE

5:00 to 5:30	Beginners	White through Yellow Belts
5:30 to 6:00	Sparring	All Belts
6:00 to 6:30	Advanced	All camo and above
6:30 to 7:00	Leadership	Leadership
7:00 to 7:45	Adults	All Belts

SATURDAY

ACTION WEAR DAY

10:00 to 10:30	Beginners	White through Yellow Belts
10:30 to 11:00	Sparring	All Belts
11:00 to 11:30	Advanced	All camo and above
11:30 to 12:00	Leadership	Leadership
12:00 to 1:00	Tournament Training	(When Scheduled)

**This Schedule is Subject to Change -- Please Check Class Calendar for Changes to Schedule
For the benefit of each student, you will only be allowed to attend YOUR scheduled classes**

**** TINY TIGERS CLASSES ARE FOR KIDS 3 TO 6 YEARS OF AGE**

**Schedule to take effect: JULY 1st 2016